

Monday

Tuesday

Wednesday

Thursday

Friday

All cafeterias must offer food items containing the USDA's 5 (FIVE) food components (fruit, vegetables, grains, meat, and milk). The student **MUST SELECT 3 FOOD COMPONENTS**, but **MAY CHOOSE ALL 5**. One component, **MUST** be at least $\frac{1}{2}$ cup fruit or $\frac{1}{2}$ cup vegetable, to have a **REIMBURSABLE MEAL**.

Dietary Information Available:

www.patrick.k12.va.us

Division Information- Departments - Food Service

Entrees Offered Daily in Addition to Menu

WG Toasted Cheese Sandwich
WG WOW/Jelly Sandwich
Chef Salad with M/MA & Crackers

Offered Daily

Tossed Salad

Fruit (Cup)

Fresh Fruit

4
Honey Sriracha Chicken Bites
Honey Dill Chicken Bites
Seasoned Corn
Sweet Glazed Carrots
Dr. Seuss Birthday Donut
9-12: **MANAGER'S CHOICE**

5
Four Cheese WG Pizza
Pepperoni WG Pizza
Steamed Broccoli
Orange Glazed Sweet Potatoes
9-12: Roasted Peppers & Onions

6
Hamburger/WG Bun
Original Chicken Fillet/WG Bun
Lettuce/Tomato
Crispy French Fries
Turnip Greens
9-12: Waldorf Salad

7
WG Ham & Cheese Hoagie
WG Toasted Cheese Sandwich
Lettuce/Tomato/Pickle
Hot Vegetable Beef Soup
Blueberry Smoothie
9-12: Baby Carrots/Ranch Dip

1
Asian Chicken
Ancient Grains & Kale Blend
Stir Fry Vegetables/Shrimp Sauce
WG Brownie Bar
9-12: Sautéed Cabbage

11
Baked Ham
Diced Chicken with Gravy
WG Yeast Roll
Creamy Mashed Potatoes
Seasoned Green Peas
9-12:

12
WG Corn Dog or WG Fish Stick
WG Macaroni & Cheese
Creamy Coleslaw
Roasted Brussel Sprouts
Pinto Beans
9-12: Seasoned Corn

13
Lasagna
Popcorn Chicken
WG Hawaiian Roll
Seasoned Green Beans
Orange Glazed Sweet Potatoes
9-12: Pear-Honey Crisp

14
Chicken Taco or Pork Carnita
WG Tortilla
WG Tostito Scoops/Salsa
Cheesy Refried Beans
Pineapple Tidbits
9-12: Yellow Squash with Onions

15
WG Ham & Cheese Wrap
Hamburger/WG Bun
Lettuce & Tomato
Quick Baked Potato
Fresh Carrot & Cucumber Sticks
9-12: Baby Buttery Lima Beans

18
Chicken Alfredo
WG Garlic Texas Toast
Ranch Roasted Broccoli
Roasted Corn & Jalapeno Blend
9-12: Apple Honey Crisp

19
WG Pizza Quesadilla
Taco Soup /WG Cornbread
WG Tostito Scoops/ Mild Salsa
Sour Cream
Hashbrown Potato Cubes
9-12: Fresh Veggies & Dip

20
Italian Pasta Bake (Beef & Ravioli)
WG Garlic Texas Toast
Seasoned Corn
Oven Roasted Mediterranean
Veggies
9-12: Fresh Broccoli Salad

21
Manwich/WG Bun
Hot Dog/Chili/Onions/WG Bun
Creamy Coleslaw
Baked Beans
Blue Raspberry Applesauce
9-12:

22
Chicken Salad/WG Roll
Beef & Cheese WG Nachos
Lettuce/Tomato/Salsa
Pinto Beans
Seasoned Mixed Vegetables
9-12: WG Honey Graham Crackers

25
Pulled Pork/WG Bun
Diced BBQ Chicken/WG Bun
Creamy Coleslaw
Crispy Fries
Spiced Peaches
9-12: Pinto Beans

26
Chicken & WG Noodles
WG Garlic Breadstick
Sweet Glazed Carrots
Seasoned Green Peas
9-12: Spiced Apples

27
Baked Ham
School Made Meatloaf
WG Yeast Rolls
Scalloped Potatoes
Seasoned Green Beans
Easter Dessert
9-12: Corn Salad

28
Chicken Fillet/WG Bun
Lettuce/Tomato
Seasoned Corn
Potato Wedges
9-12: **MANAGER'S CHOICE**

29


Dr. Seuss birthday, March 2, has been adopted as the annual date for National Read Across America Day.

St. Patrick's Day, a celebration of Irish culture. - March 17, 2024

Easter/Spring Break begins March 29. We will return to school on April 8, 2024.